

Harbor no fear of the coronavirus

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“When fear disappears, the foundation of disease is gone.”

~ Mary Baker Eddy, Science and Health with Key to the Scriptures, p. 368

If you'd like to stay free of any effect from the coronavirus, harbor absolutely no fear of it!

As Eddy points out above, fear is the foundation of disease. Like a house needs a foundation to stand on, disease needs a foundation too. If the foundation does not exist, the disease capitulates and disintegrates. Without fear, disease doesn't have a foundation to stand on.

So, don't allow mortal mind to build a foundation for disease in your thinking. Remain fear-free!

This is doable through knowing the omnipotence of God.

Rather than entertaining theories, fears and beliefs about the coronavirus, focus on the power and presence of God that is actively keeping you alive and well, healthy and strong.

Know your oneness with God. Know that God is the only influence at work in your life. Denounce disease. See its unreality in light of God's omnipresence. Have no fear of it. Love God instead.

Live fearlessly and stay healthy!

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