

A virus has no power over you

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One of my favorite dialogues in the New Testament is between Pilate and Jesus when Pilate is interrogating Jesus about his authority. Jesus has few words to share, and in frustration Pilate retorts, **“Why don’t you talk to me?”...“Don’t you realize that I have the power to release you or crucify you?”** Jesus responds, **“You would have no power over me at all unless it were given to you from above”** ([John 19:10,11, NLT](#)). Jesus understood that God was the only power over his life, health and future. And he went on to prove it.

We can have the same conviction concerning the coronavirus!

When fears about the virus alarm, we can reply, “You have no power over me!”

We live in a universe of divine Mind, where God is the only power at work sustaining health and maintaining conditions of safety for all creatures to enjoy.

When evil appears real, such as with the coronavirus pandemic, it’s an opportunity to understand the power and presence of God better, which in turn, will neutralize that evil and render it harmless.

A virus is not something to fear. As a material germ it is utterly powerless. It is an element of matter, and matter has no intelligence or mind to think, act or create. Any effect associated with a virus is not caused by the virus itself, but by beliefs and fears attached to it.

The world is not witnessing the spread of a virus, so much as the spread of fear about the coronavirus. We can contribute to the end of this fear-pandemic by understanding the power of God better.

God is the only power!

As matter, a virus is not a god, a controller, cause or threat to your health. It is mindless. It does not plot, plan or create conditions for your health. God is the only power over your health, and God is a constant presence of protection and safety.

Understanding the presence of God renders a virus harmless.

To stay healthy, stay clear on what has power over your life and health.

God is the only power! To any claim of the coronavirus, you can declare, "You have no power over me!" and then understand the spiritual reasons why. They will protect you from harm.

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