

# Know that God's promise for your life is fulfilled

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A man told me that he was feeling very fearful about dying prematurely. "I'm too young to die," he said. For no apparent reason to him, he had become afraid that his life would end earlier than it should.

With all the Covid-19 fears circulating in public thought these days, I saw his fears as a possible sign that he was unconsciously picking up on the belief that death could happen without warning.

We talked about the importance of defending his thought from outside mental influence!

There is only the one Mind governing your life, I reminded him. God has Big Plans for you, I said, and God gives you everything you need to fulfill those plans.

He started to feel better.

In my prayers, I prayed to see that no public fear, virus, unknown threat, omen, or disease could rob him of fulfilling God's plan for him. He was not living on his own, but because God gave him life, including strength, health, safety, and protection to fulfill whatever work God had appointed him to do. His lifework would not be cut short. It would be fully supported to fruition, I knew. God's promises are fulfilled, the Bible reminds us.

His fear lifted and he found his joy again.

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