



News & Events

Blog

[Archive 2017](#)[Archive 2016](#)[Archive 2014](#)[Archive 2013](#)[Archive 2012](#)[Archive 2011](#)[Archive 2010](#)[Convention](#)[Events](#)[News](#)[Press Releases and Statements](#)[Home](#)

Kashrut Subcommittee Recommendations

Dear Friends:

Needless to say, this year's Passover will offer new challenges. In light of this update, we will offer some guidance for those who are observing.

Though we are all experiencing the impact of COVID-19, our goal is to ensure that our yearly [Passover guide](#) expresses the ideal for this year. We read to see what may be possible within those guidelines.

What we are going to provide below are some suggestions for observing Passover and the unprecedented time in which we are living.

Seder:

This year most of us have been instructed (or mandated) to avoid large and large seders, and communal seders as well. While these directives stem from by civic and medical authorities) these directives stem from an emotionally significant Seder can be with family members. If you are willing, these private small immediate family & in-person seders should stay home.

We also recognize that emotional concerns play a role in observing the Yom Kippur break-fast while it is still Yom Kippur. We need to make sure that we are in contact with family members, friends, and loved ones during this time.

family members, friends who live far apart and, especially, our fellow human beings, is utmost among our commandments. Yom Tov observances to include as many as possible in the household.

As different practices emerge in different communities, One imbued with the amount of compassion with v

A few tips to keep in mind when purchasing f

Matzah - One is obligated to avoid hametz through first/second night seder alone. Therefore, communal obligation of מצה אכילת, eating matzah, for [each] s

Karpas - Can be any vegetable. [In Israel, boiled

Maror - If horseradish is not available, people are raw: hot peppers, fresh ginger, mustard greens, r

Egg and Roasted Shankbone on Seder Plate - 114b)

Kashering/Cleaning:

This may be one area in which not much has to change year may actually be a bit more difficult as many o must be well-searched and specifically cleaned for Furthermore, the prohibition of owning & seeing h (*k'zayyit*). This is your yearly reminder that dirt is

Destruction of Hametz/Bi'ur Hametz and Bitt

It is a mitzvah to search for and destroy Hametz. that at the end of that process we renounce "all ha contact with hametz, we can rely on the formula o

Sale of Hametz:

We have set-up an [online form](#) for those in North America who are business owners and other businesses that will be open over

Cleaning/Kashering for elderly/infirm:

In these households, if there is an already living-in infirm person, if possible, according to the guidelines which apply to the household should do their best to remove hametz from the kitchen for Passover. These surfaces should be wiped down with a kosher dish. If the oven will be used during Passover, the walls should be cleaned with a kosher dish.

For homes in which vessels will not be able to be kashered (e.g. with heating elements), we recommend designating a separate area to clean them well, and let them sit for 24 hours (or longer) before using for preparing Passover food. This technique can also be used for

Purchasing of Food:

Hierarchy of purchasing: While the CJLS [formal ruling](#) allows for unprecedented disruptions in the food supply, the hierarchy of purchasing legumes (beans and lentils) corn and rice, if only for

Below are guidelines for following "best practices"

Hierarchy of purchasing: It is important to note that soft cheeses (cheese, and hard cheeses), frozen fruits and vegetables are permitted for Passover as a matter of course. This is not latitude but a permission. It is only if they are purchased during the pandemic. While in normative years we give a stricter ruling regarding variation, this year, due to severe circumstances, we

In general, we tend to be strict on our Passover list. However, based on our current knowledge to lessen the burden we

This year, due to the limitations on product availability, we list an item below with a Kasher for Passover certification.

Food requiring no Kosher for Passover certifi

- Baking soda
- Pure bicarbonate of soda, without additi
- Eggs
- Fresh fruits and vegetables (including p
- Fresh or frozen kosher meat (other than
- Nestea (regular and decaffeinated)
- Pure black, green, or white tea leaves
- Unflavored tea bags
- Unflavored regular coffee
- Olive oils (and other pure oils)
- Whole or gutted fresh kosher fish
- Whole or half pecans (not pieces)
- Whole (unground) spices and nuts
- OU/Star-K Raisins
- Kosher wine
- Plain butter, either salted or unsalted
- Plain seltzer water

The following list of basic foods is ideally for food supply shortages, and their likely produ

- all pure fruit juices
- Filleted fish
- Frozen fruit (no additives)
- Plain cheeses (without added flavor mo

- Non-iodized salt
- Pure white sugar (no additives)
- Quinoa (with nothing mixed in)* GF idea
- White milk
- Some products sold by Equal Exchange
- Frozen Vegetables (needs to be checked)
- Chopped meat
- Plain, non-flavored almond milk, rice milk
- Non-flavored Cream Cheese with ingredients (no gums)
- Non-flavored Yogurt with milk and bacteria
- Canned Tuna with just tuna, water or oil
- 100% maple syrup
- 100% Agave
- Ground Salt and Peppers
- Plain (non-Flavored) Decaf Coffee
- Pure Honey
- Dried fruit, prunes only without potassium
- Canned vegetables/fruit with year-round herbs
- Canned salmon with salt

Kitniyot:

Fresh kitniyot: Corn on the cob and fresh beans like any other fresh vegetable.

Dried kitniyot (legumes, rice and corn) can be purchased ideally not be purchased in bulk from bins because hameitz might be mixed in. In any case, one should inspect one could not inspect the rice or dried beans before

those, and the kitniyot themselves remain permissible.

Frozen raw kitniyot (corn, edamame [soy beans, etc.] if necessary) Passover provided that one can either consume the contents before Passover) and discard any pieces of kitniyot pieces of (hameitz) found in the package on Passover.

Requires Kosher for Passover label at any time.

- All baked goods
- Farfel
- Matzah
- Any product containing matzah
- Matzah flour
- Matzah meal
- Pesah cakes
- All frozen processed foods
- Candy
- Chocolate milk
- Herbal tea
- Decaffeinated Tea
- Ice cream
- Liquor
- Soda
- Vinegar
- Margarine

Another way to potentially find acceptable foods when the situation demands, is to prefer certified Gluten Free products.

Lastly, many of us have already opened products in the past.

Easter, many of us have already opened products
one is able to ascertain/highly assume that no *har*
such products during Passover this year.

(Updated 4/3/2020 at 9:45 AM ET)

[Contact Us](#)

[Affiliates](#)

[Donate](#)

[Legal](#)