

SHABBAT PROGRAM

MAY 22-23, 2020 / 29 IYYAR 5780
PARASHAT BAMIDBAR

שָׂאוּ אֶת-רֹאשׁ כָּל-עֵדַת בְּנֵי-יִשְׂרָאֵל לְמִשְׁפַּחְתָּם לְבֵית אֲבֹתָם

"Take a census of the whole Israelite company by the clans of its ancestral houses."
(Numbers 1:2)

Rabbi Sharon Kleinbaum, D.D., SENIOR RABBI
Gregg H. Passin, PRESIDENT
Yolanda Potasinski, EXECUTIVE DIRECTOR
Rabbi Yael Rooks Rapport, ASSISTANT RABBI
Rabbi Marisa Elana James, DIRECTOR OF SOCIAL
JUSTICE PROGRAMMING
Rabbi Mike Moskowitz, SCHOLAR-IN-RESIDENCE
Joyce Rosenzweig, MUSIC DIRECTOR



קהלה קדושה בית שמחת תורה

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CBST Welcomes Our Hebrew-Speaking Guests!

ברוכים וברוכות הבאים לקהילת בית שמחת תורה! קהילת בית שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל, עם הבית הפתוח בירושלים לגאווה ולסובלנות ועם הקהילה הגאה בישראל.

אנחנו מזמינים אתכם לגלות יהדות ליבראלית גם בישראל!

מצאו את המידע על קהילות רפורמיות המזמינות אתכם להגות את סיפור החיים שלכם בפלאיירים בכניסה. לפרטים

נוספים ניתן לפנות לרב נועה סתת: noa@irac.org

- [A healing prayer from Joyce Rosenzweig & Cantorial Intern David Fair](#)
- [Rabbi Kleinbaum's thoughts on "Spiritual Lessons for Today's Plague"](#)
- [A Prayer for Healthcare Workers](#)

"The CBST community knows what it takes to live through a plague. Love and compassion and support are at the center of survival. Remember to be kind and generous while being cautious and vigilant about staying healthy and keeping others safe. We will continue being a powerful spiritual community of resistance and love. May the Holy One surround you and your loved ones and give you strength and comfort as we face the uncertainty of the times we are in. Be the reason people have faith in the goodness of others."

—*Rabbi Sharon Kleinbaum*

Thanks to: Better Events Sound Technicians · Shabbat sponsors & donors.

Music to Soothe the Soul

A Message from Music Director Joyce Rosenzweig

CBST's 25th Annual Benefit Concert: "And Yet, We Sing!" is on **Sunday, June 7, at 4:00 pm**. Watch the video [here](#) to hear from Joyce about what musical delights we have in store for you, and [sponsor or donate here!](#)

- *I've Got the Sun in the Morning and the Moon at Night*
- *Always*
- *Count Your Blessings Instead of Sheep*

Sally Wilfert, John Riddle (singers), Joyce Rosenzweig (pianist)

From our 2017 Shirah concert, "...Beside the Golden Door"

This week, we share with you [three beloved songs](#) by the great Jewish songwriter **Irving Berlin** (1888-1989). Born Israel Baline in Russia, he and his family moved to NYC via Ellis Island in 1893 to escape the pogroms. Berlin wrote more than 900 songs (including "God Bless America" and "Give Me Your Tired, Your Poor"), nineteen musicals, and the scores for eighteen movies. **Sally Wilfert** will be one of our featured singers at our June 7th concert, "And Yet, We Sing!"

**MAY 22, 2020 / 28 IYYAR 5780
PARASHAT BAMIDBAR**

OPENING PRAYERS AND MEDITATIONS

הַכְנֵת הַלֵּב

30	הִנֵּה מָה טוֹב	Hineh Mah Tov	Yemenite*
38	הַדְּלֵקַת נְרוֹת שֶׁל שַׁבָּת	Candle Blessing	Abraham Wolf Binder (1895-1967)
40	שְׁלוֹם עֲלֵיכֶם	Shalom Aleichem	Israel Goldfarb (1879- 1956)

KABBALAT SHABBAT/WELCOMING SHABBAT

קַבְּלַת שַׁבָּת

52	לְכוּ נִרְנְנָה (תהלים צה)	L'chu N'ran'nah (Psalm 95)	Shlomo Carlebach (1926- 1994)*
54	שִׁירוֹ לַה' (תהלים צו)	Shiru Ladonai (Psalm 96)	Shlomo Carlebach (1926- 1994)
62	מִזְמוֹר לְדָוִד (תהלים כט)	Mizmor L'David (Psalm 29)	Yiddish Melody (Shnirele Perele)*
66	לִבְּהַ דוֹדִי	L'chah Dodi (Shlomo Alka- betz)	Yoel Sykes (Born 1986)* Moshe Laufer*
	תְּפִלָּה לְרִפּוּאָה	Prayer for Healers	
72	מָה גָדְלוֹ (תהלים צב)	Mah Gadlu (Psalm 92)	Shefa Gold (Born 1955)*

MA'ARIV/THE EVENING SERVICE

מַעֲרִיב

78	בָּרְכוּ	Bar'chu	Nusach
80	הַמַּעֲרִיב עֲרָבִים	Hama'ariv Aravim	Nusach
86	אַהֲבַת עוֹלָם	Ahavat Olam	Debbie Friedman (1951- 2011)
88	שְׁמַע יִשְׂרָאֵל	Sh'ma Yisrael	Salomon Sulzer (1804- 1890)
89	וְאַהֲבַת	V'ahavta	Torah Cantillation (Trope)
94	מִי כַמּוֹחַ	Mi Chamochah (to the tune of "V'ha'eir Eineinu")	Shlomo Carlebach (1926- 1994)

98 & Program	השכיבנו	Hashkiveinu	Max Helfman (1901-1963)
102	ושמר	V'shamru	Moshe Rothblum (Born 1944)
104	חצי קדיש	Chatzi Kaddish	Nusach
106	עמידה	Silent Amidah	
118	יהיו לרצון	Yih'yu L'ratzon	Anonymous
118	עשה שלום	Oseh Shalom	Debbie Friedman (1951-2011)
133	מי שברך	Mi Shebeirach	Improvisation
Program	תפלה למדינה	Prayer for Our Country	
136	ברכת החדש	Blessing of the New Month	Improvisation
138	קדיש שלם	Kaddish Shalem	Nusach

DRASHAH: RABBI Yael Rapport :דרשה

140	עלינו	Aleinu	Salomon Sulzer (1804-1890)
228	ספירת העומר	Counting of the Omer	
150	קדיש יתום	Mourner's Kaddish	

Announcements:
CBST President Gregg Passin

155	אין בא-להינו	Non Komo Muestro Dio	Sephardic
156	קידוש & המוציא	Kiddush & Motzi	

This Week's Shabbat Services

Friday, May 22 / 29 Iyyar
Kabbalat Shabbat, 6:30 pm
Ba'al Tefillah: Cantorial Intern
David Fair
Service Leader & Drashah:
Rabbi Yael Rapport

Through gifts from generous donors, [CBST's Friday Night Prayerbook](#) is now available for online purchase at reduced price.

Saturday, May 22 / 29 Iyyar
Shabbat Morn.–Liberal Minyan,
10 am

Ba'al Tefillah: Cantorial Intern
David Fair

Service Leader: Rabbi
Yael Rapport

D'var Torah: Rabbi

Marisa James

[RSVP here](#) to receive Zoom link

Havdalah: program begins at 9 pm, service to begin immediately thereafter

Service Leader: CREPI

Atara Cohen

Zoom: <https://zoom.us/j/654880356>

Meeting ID: 654 880 356;
phone: +1 646 876 9923

Please note that the CBST Office **will be closed on Monday, May 25 for Memorial Day and Friday, May 29 in observance of Shavuot. There will be no classes or programming on Monday, May 25.**

COMPOSER FEATURE: Abraham Wolf Binder

Abraham Wolf Binder was born into an Orthodox family on the Lower East Side and was singing in his father's synagogue choir by the age of 4. Binder worked in synagogues his entire life, most importantly, at the Stephen Wise Free Synagogue from 1922 until his death in 1966. In 1930, Binder edited the Union Hymnal, a major milestone in the history of American synagogue music. A prolific composer of liturgical, vocal, and instrumental music, Binder was a founder of the School of Sacred Music at Hebrew Union College (now called the Debbie Friedman School of Sacred Music) and a great scholar of Jewish music history and theory.

Prayer for Healers

May the One who blessed our ancestors
Bless all those who put themselves at risk to care for the sick
Physicians and nurses and orderlies
Technicians and home health aides
EMTs and pharmacists
Hospital social workers and respiratory therapists
(Please include other frontline healthcare workers. And bless especially _____)
Who navigate the unfolding dangers of the world each day,
To tend to those they have sworn to help.
Bless them in their coming home and bless them in their going out.
Ease their fear. Sustain them.
Source of all breath, healer of all beings,
Protect them and restore their hope.
Strengthen them, that they may bring strength;
Keep them in health, that they may bring healing.
Help them know again a time when they can breathe without fear.
Bless the sacred work of their hands.
May this plague pass from among us, speedily and in our days.

מי שברך לאבותינו ולאמותינו, הוא יברך את כל צוותי הרפואה המסכנים את עצמם על מנת לרפא ולטפל בחולים –
הרופאות והרופאים, האחים והאחיות, הטכנאיות, אנשי המשק, המטפלות, הפארמדיקים והרוקחות. (ברך במיוחד את ____).
על עולמנו בכל יום, על מנת לרפא את יצורי כפיך. המנווטים בסכנה המתרגשת
ברך אותם בבואם, וברך אותן בצאתן. הקל על הפחד שלהם. חזקם ואמצם .
רופא כל בשר, הענק להם אומץ רוח ומרץ רב לעשות עבודתם נאמנה. אדון כל הנשמות, הגן עליהם והענק להן תקווה. חזק
אותם כדי שיוכלו לחזק אחרים. הגן על בריאותן כדי שיוכלו לסייע בהחלמה. סייע להם להגיע לזמן שבו יוכלו לנשום עמוק
בלי פחד. ברך את מלאכת ידיהן הקדושה. מגר את המגיפה מעולמנו, במהרה בימינו
רפאנו ה' ונרפא, הושיענו ונושעה.

Rabbi Ayelet S. Cohen, March 2020
Hebrew by Rabbi Noa Sattath

Refuah Shleimah – Healing Prayers

Yehudit bat Elka
Chana Kayla bat Layah
Chana

Chaim ben Yehoshua v'Sa-
rah-Dina
Samantha Davis
Paul Feinman

Betty Lifton
Heidi Miller
Gilda Pavloff

We include in our healing prayers all those currently afflicted with COVID-19, in the CBST community & at large. We also include in our prayers the thousands of immigrant children in US custody, most of whom are separated from their families. This list is for those with acute illness. Any member can submit their name for one-month inclusion. We only print names of members who have consented. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill & would like support, contact cbstoffice@cbst.org. We're here for you.

Yortzeits 29 Iyyar to 6 Sivan 5780

Members memorialized on the Wine Family Sanctuary Memorial Wall

George Mooy
Jeffrey Shuman

Robert Sinacore
Charles Tyson

Family & Friends memorialized on plaques on the Kuriel Chapel Memorial Wall

Adelle Appell
Florence Best
Barbara Finn
Stanley Geller
Jack Guralnick
Ronald Kaplan

Alexander Kopstein
Edmonde Lahma Kleh-
mann
Ralph Lutrin
Judah Mizrahi
Sylvia Morott

Jill Morris
Edythe Siegel
Jilla (Esther) Namdar Si-
mani
Beatrice Steinman
Arthur Wilensky

Condolences

The CBST community extends condolences to mourners among us.

CBST member **Jeany Heller** on the death of her uncle, Aaron Heller, z"l, who died May 17 at age 97.

We also offer condolences to the families, friends, and communities of all those who are dying each day from the COVID-19 pandemic.

As of today, the total number of deaths are:

- **15,789** in New York City;
- **23,083** in New York State;
- **95,087** across the United States;
- **335,223** worldwide.

May God comfort you among all who mourn. We pray for peace.

PRAYER for OUR COUNTRY Rabbi Ayelet Cohen

Our God and God of our ancestors,
bless this country and all who dwell within it.
Help us to experience the blessings of our lives and circumstances,
To be vigilant, compassionate, and brave.
Strengthen us when we are afraid,
Help us to channel our anger, so that it motivates us to action.
Help us to feel our fear, so that we do not become numb.
Help us to be generous with others, so that we raise each other up.
Help us to be humble in our fear,
knowing that as vulnerable as we feel,
there are those at greater risk, and
that it is our holy work to stand with them.
Help us to taste the sweetness of liberty,
To not take for granted the freedoms won
in generations past or in recent days.
To heal and nourish our democracy,
that it may be like a tree planted by the water
whose roots reach down to the stream;
it need not fear drought when it comes,
its leaves are always green (Jeremiah 17:8).

Source of all Life,
Guide our leaders with righteousness
Strengthen their hearts, but keep them from hardening.
That they may use their influence and authority to
speak truth and act for justice (Isaiah 16:3-5).
May all who dwell in this country
share in its bounty, enjoy its freedoms,
and be protected by its laws.
May this nation use its power and wealth
to be a voice for justice,
peace, and equality for all who dwell on earth.
May we be strong and have courage
To be bold in our action and deep in our compassion,
To discern when we must listen and when we must act,
To uproot bigotry, intolerance, misogyny, racism,
discrimination, and violence in all its forms,
To celebrate the many faces of God reflected
in the wondrous diversity of humanity,
To welcome the stranger and the immigrant
and to honor the gifts of those who seek refuge
and possibility here, as they have since
before this nation was born.
Let justice well up like waters, and righteousness
like a mighty stream (Amos 5:24)

אלוהינו ואלוהי אבותנו ואמותינו. ברך את ארצנו ואת כל
היושבות והיושבים בה
יחד לבבנו להודות לך על חיינו ועל הזמן הזה
להיות דרוכות, אמיצים, ומלאי חמלה.
חזקנו וחזק ידנו כאשר אנו אחווים בפחד
סייע בידנו לנתב את כעסנו לידי מעשה
חזק לבבנו לחוש את מלוא הפחד שלנו
כדי שלא נהפוך לאדישות
סייע לנו להשפיע נדיבות על אחרים כדי שנרים זה את זה.
סייע לנו להיות צנועות בפחד, כדי שנדע כי גם כשאנו מרגישים פגיעות,
יש אחרות, הנמצאות בסיכון גבוה אף יותר, וזוהי חובתנו הקדושה להיות
עמו.
ברכנו בטעם המתוק של החופש
כדי שנשכיל להעריך את החופש לו זכינו בדורות קודמים ובעת הזו
לרפא ולחזק את הדמוקרטיה שלנו שתהיה כְּעֵץ שְׁתוּל עַל-מַיִם, וְעַל-
יִבְל יִשְׁלַח שָׂרְשָׁיו, וְלֹא יִרְאֶה כִּי-יָבֵא חֶם, וְהָיָה עֲלָהּ רֶעֶנָּה; (ירמיהו יז, ח)

שכינה, אם כל חי,
שלחי אורך ואמתך למנהיגנו
חזקי לבבותיהם שלא יתקשו
שישתמשו בכוחך כדי לדבר אמת ולפעול בצדק (ישעיהו טז, ג-ה)
מי יתן וכל יושבי הארץ יחלקו בעושרה, ישגשו בחופש שתציע, ויהיו
מוגנים בחוקיה
מי יתן ואומה זו תשתמש בכוחה ובעושרה על מנת לקדם צדק, חופש
ושלום לכל יושבי תבל
מי יתן ונהיה חזקות ואמיצים
מי יתן ונהיה נועזים במעשי ידנו ועמוקות בחמלה שבלבנו
שנבחין מתי עלינו להקשיב ומתי עלינו לפעול
לעקור שנאה, גזענות, שוביניזם, אפליה, אלימות בכל צורה,

לחגוג את צלם אלוהים בפנים שונות המשתקפות בכל המגוון האנושי
לקבל את הזר ואת המהגרת, ולכבד את המתנות שמביא כל מי
שמבקשת מקלט והזדמנות בארץ זו, כפי שהיה מאז לפני שאומה זו נולדה
וַיִּבֶל כְּמַיִם, מִשְׁפָּט; וַיִּצְדָּקָה, כְּנַחַל אֵיתָן
(עמוס ה כד)

Hebrew by Rabbi Noa Sattath

Beit Simchat Torah

CONGREGATION

קהלה קדושה בית שמחת תורה

May 18: CBST Members' Town Hall: Updates on How CBST is Doing During the Pandemic

Listen to the recording [here](#)



The CBST Community Attends Friday Night Services From Home!

Above, we have Ira Rosenblum and Kenneth Karpel (*left*), Risa Tanania's Shabbat evening set-up, complete with delicious pasta (*center*), and Rabbi Kim Geringer and Colin Dunn (*right*). [Email us a photo of yourself online](#) for us to share in a future e-newsletter.

If you need assistance to access CBST services or programs online, please contact us at techsupport@cbst.org. Need help ASAP? Text **646-450-3556**.

May 15: Rabbi Kleinbaum's Drashah

Video: [Rabbi Kleinbaum's Friday, May 15, 2020 Drashah](#)
[Drashot Archive](#)

May 16: CRRJ Deborah Megdal's D'var Torah

Video: [Parashat Behar-Bechukotai](#), Saturday, May 16, 2020 Shabbat Morning Traditional Egalitarian Minyan



NYC Primary Elections

Make your voice heard! The NYC primary elections are coming up on **June 23!** To help prevent the community spread of COVID-19, all registered, eligible voters may apply to vote by absentee ballot for the June 23 elections.

For more info and to apply for an absentee ballot, click [here](#).

Ramadan Greetings from CBST

For 162 consecutive Fridays, from January 20, 2017 to March 6, 2020, members of House of Peace, our Jewish-Muslim outreach initiative, greeted our Muslim friends at the Islamic Center at New York University as they gathered for Friday Jummah prayers.

For the past three years, we also volunteered to prepare and serve iftar meals as they broke their Ramadan fast. Given the current need for social distancing, they've temporarily suspended their communal Jummah prayers and observed Ramadan at a distance this year.

We miss seeing our Muslim friends in person and made [this video message](#) for them as they enter the last ten days of Ramadan. Many, many thanks to **Harold Levine** for creating this video, and thanks to **Kristen Plylar-Moore**, the composer of the music.

CBST in the News

Watch CBST Scholar-in-Residence **Rabbi Mike Moskowitz** discuss this week's parashah with Shmuel Rosner at the *Jewish Journal*.

Watch Israeli channel program about CBST Board member **Jayson Littman** and Hebro, a NYC social startup for gay Jews producing nightlife parties, cultural events, and destination trips.

Watch CBST member **Ruth Gursky** interviewed about her activism for the American Society for the Prevention of Cruelty to Animals on "Gotta Run With Will" podcast with Will Sanchez.

- **CBST Cultural Recs:** Got recommendations for spiritually nourishing books, songs, movies, or other ways of passing the time? Share them with the community [here!](#)
- [CBST COVID-19 Resources list Google doc](#)



- [Membership: New & Renewal](#)
- [Shabbat & Livestreaming Sponsorships](#)
- [CBST Bail Bond Fund](#)
- [Make a Contribution](#)
- [Planned Giving](#)

CAREER OPPORTUNITY: Director of Development, CBST: *Applications reviewed on a rolling basis until the position is filled.* To apply online, click [here.](#)

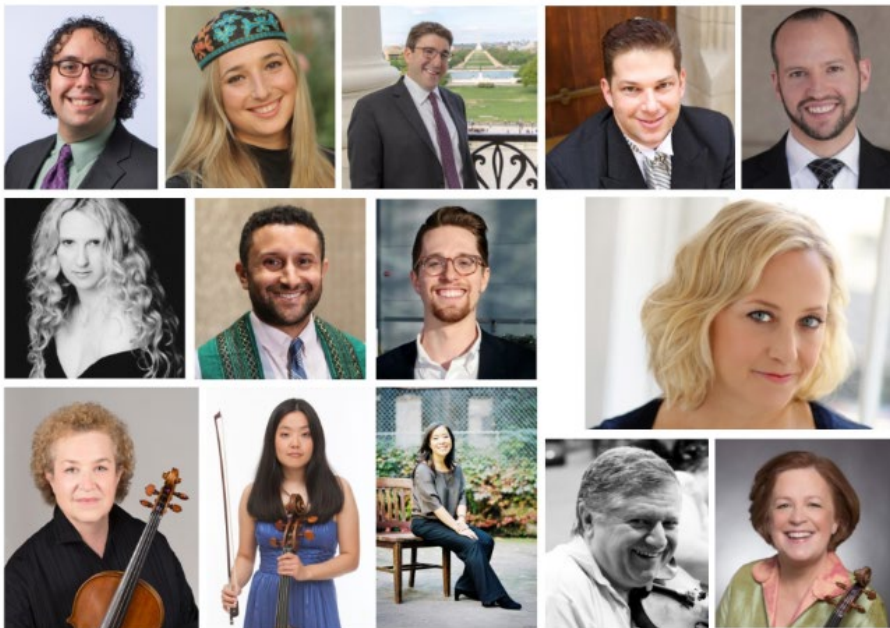
CBST's 25th Annual Benefit Concert – נשיר למרות הכל

Our community will celebrate the 25th Anniversary of our Annual Benefit Concerts on **Sunday, June 7, at 4 pm**. The program is AMAZING...Along with our magnificent CBST Chorus performing together in a special virtual presentation, all of our past and present cantors will perform—Cantors David Berger, Magda Fishman, Jason Kaufman, Dan Singer, Steve Zeidenberg, and Re'ut Ben-Ze'ev, David Fair, and Sam Rosen. And we are delighted that Adria Benjamin and her wonderful instrumental colleagues we've come to know these past years will perform as well. Also, we're thrilled that Sally Wilfert, who moves us every year at Yom Kippur Yizkor services, will be joining us. All of this is under the direction of our beloved Music Director Joyce Rosenzweig, all brought directly into our homes via the internet this year. Aside from bringing glorious music to our community, this annual concert is a major fundraiser to sustain Music at CBST. Please click and [give as generously you are able](#), and plan on joining us on June 7th!

Sunday, June 7, 2020 at 4:00 pm

נשיר למרות הכל

Throughout the ages, music has provided comfort and hope in the most challenging of times. Music fortifies us personally and unites us as a community. On **Sunday, June 7th**, CBST will present a special concert celebrating 25 years of gorgeous, groundbreaking Shirah concerts. Since 1995, our concerts have featured Yiddish, Sephardic, Israeli, operatic, chamber music, Broadway, liturgical music from every genre, and so much more, performed by the CBST Chorus, our Cantors, Music Director, and guest artists. You're invited to be reunited in song, for despite everything, we sing!!



- Music Director Joyce Rosenzweig • Cantor David Berger • Cantor Magda Fishman • Cantor Jason Kaufman • Cantor Dan Singer • Cantor Steve Zeidenberg • Cantorial Soloist Re'ut Ben-Ze'ev • Cantorial Intern David Fair • Cantorial Intern Sam Rosen • The CBST Community Chorus • Adria Benjamin, violist • Tomoko Fujita, cellist • Adrienne Kim, pianist • Sebu Sirinian, violinist • Lisa Tipton, violinist • and Sally Wilfert, Soloist



Photo credit: From Christina Mattison Ebert's D'rash Designs series.

Thursday-Saturday, May 28-30: Plagues, Pandemics, and Shavuot!

CBST will celebrate a ZOOM revelation in the midst of the pandemic and plague.
Registration coming soon!

THURSDAY, MAY 28

- **Ma'ariv Service, 8 pm:** Led by Rabbi Marisa James and CRR I Deborah Megdal.
- **Tikkun Leil Shavuot–Study: 9 pm–midnight: Study Sessions:** Learn with teachers Rabbi Sharon Kleinbaum, Rabbi Yael Rapport, Rabbi Marisa James, Music Director Joyce Rosenzweig, CRR I Deborah Megdal, CRR I Ben Dyme, Cantorial Intern David Fair, Rabbi Reuven Greenvald, and bring your own cheesecake!

FRIDAY, MAY 29

- *Please note that Connecting in Community with CRR I Deborah Megdal (ordinarily Fridays, 3-4 pm) is **CANCELLED ON MAY 29** because of Yom Tov.*
- **Shabbat Yom Tov Shavuot Service, 6:30 pm:** Led by Rabbi Sharon Kleinbaum, Joyce Rosenzweig, and Sam Rosen. Livestreamed on our Facebook page.

SATURDAY, MAY 30

- **Shabbat Shavuot Yom Tov Morning Services with Megillat Ruth and Yizkor, 9:30 am:** Led by Rabbi Yael Rapport, Rabbi Marisa James, Cantorial Intern David Fair, and teaching by Cooperberg-Rittmaster Rabbinical Intern Deborah Megdal.
- **Havdalah, Program starts at 9 pm, Service begins at 9:30 pm:** Led by Cantorial Intern David Fair.

Upcoming Events

Roadmap to LGBTQ Rights in the US & Israel: A Wider Bridge Panel Discussion
Tuesday, May 26, 12:30 pm; RSVP: awiderbridge.org/roadmap

A panel discussion featuring prominent American and Israeli LGBTQ activists, hosted by CBST board member **Lee Goldberg**. This talk will focus on the histories and struggles of the LGBTQ communities of the United States and Israel, looking at both our shared struggles and our unique differences.

"Our Tears Are the Same: Dialogue Meeting with Layla Alsheikh and Robi Damelin"
Parents Circle Families Forum, Monday, June 1, 12:30 pm, register here

Layla is Palestinian. Robi is Israeli. They are both mothers. Both have lost a child to the conflict in Israel and Palestine, but both have made the unique choice to seek peace and reconciliation, rather than revenge and hatred. Layla and Robi will share their stories of bereavement and hope, followed by a Q&A.

T'ruah's 2020 Gala: A Virtual Celebration of Our Human Rights Heroes
Monday, June 1, 6:45 pm, register [here](#)

CBST rebbetzin **Randi Weingarten** is being honored, as is former CBST Cooperberg-Rittmaster Rabbinical Intern **Rabbi Rachel Kahn-Troster**.

Cooperberg Rittmaster Educational and Pastoral Intern (CREPI) Atara Cohen's
***Semikha* Ceremony**

Tuesday, June 9, 4 pm; Livestream: www.yeshivatmaharat.org/semikha

Rabbi Atara Cohen is having her *semikha*! Maharat will celebrate its graduates, women's leadership, and Torah through a virtual *semikha* ceremony.

All class recordings are now available [here](#).

Open to All

Psalm Study with Rabbi Kleinbaum

Mondays through Thursdays, 10-10:45 am; ZOOM: <https://zoom.us/j/513468144>

Meeting ID: 513 468 144; Dial by phone: +1 646 876 9923

Join in study of the Book of Psalms with Rabbi Kleinbaum. No experience necessary! Every morning Monday-Thursday 10:00 am to 10:45 am.

Pirkei Avot Study with Rabbi Moskowitz

Monday through Thursday until May 28, 4-4:30 pm; ZOOM: zoom.us/j/92665533458

Meeting ID: 926 6553 3458; Dial by phone: +1 646 876 9923 or +1 301 715 8592

Pirkei Avot, a classic of Jewish ethics, is customarily studied between Passover and Shavuot to prepare us to accept the Torah. Our class will start at the beginning and learn one mishnah a class, in order. *No experience necessary; no Hebrew necessary; no registration required. All are welcome!*

RESISTANCE: Calls & Cards meets Democracy Action Team!

Thursdays from 12:30-1:15 pm, via Zoom (RSVP [here](#) for the link)

We'll help you make your voice heard by contacting elected officials and key figures in city, state, and federal government through texting, emailing, calling, and sending letters and postcards. Some areas we work on: voting access (protection, registration, turnout), immigration, refugee protection, environmental protection, common sense gun laws, ending mass incarceration, education reform, healthcare, & the fight against rising antisemitism, racism, and bigotry in all forms.

Connecting in Community with CRRRI Deborah Megdal

Fridays, 3-4 pm, ZOOM: <https://zoom.us/j/256347787>

Meeting ID: 256 347 787; Dial by phone: +1 646 876 9923

In this stressful time, we need to love, support, and listen to one another with an open heart. All are invited to a short text study & support session. No registration required.

Mindful Yoga via Zoom: Sundays, 9:00-10:15 am;

ZOOM: <https://us02web.zoom.us/j/85168776767>

Meeting ID: 851 6877 6767; Call-in: +1 646 876 9923 (New York)

Let's come back to our body and senses! Join us for a moderate to gentle yoga practice that reminds us to be fully present. All levels welcome, and modifications will be offered for whomever shows up. Hilary Nudell, the instructor, has been teaching courses in Yoga, Stress Management, and Meditation at Fashion Institute of Technology for over 25 years.

Please "arrive" 10 minutes early for any Zoom call so we can start on time. Thanks!

Hosted by Aleinu, Open to All

Aleinu Emotional and Spiritual Health Workshop: Sunday, May 24, 2 pm

Join Ramiz Rafailov, Chief Clinical Consultant to the *RUACH: Emotional and Spiritual Support* project, to explore our experiences related to the pandemic and learn tools for improving our mental and spiritual health. [RSVP here](#). *Hosted by Aleinu, open to all.*

"Moving Toward Mt. Sinai" with Aleinu: Saturday, May 30, 8 pm

What does it mean to be witness to revelation at Mt. Sinai? How does that moment reverberate in these times? What are the revelations we experience in our own lives? Choreographer **Sasha Soreff** will guide us in exploring the theme of revelation through movement and story sharing. No movement experience is necessary, nor is movement obligatory—though it tends to reveal cool and interesting things. Afterward, we'll migrate to CBST's weekly Havdalah service. [RSVP here](#). *Hosted by Aleinu, open to all.*

A Practice In Seeking Peace with Aleinu: Sunday, May 31, 10 am

During times of uncertainty and unease, it's natural to feel fearful, restless, and unsettled. Ancient practices for mind and body can help you ground your Self, especially when times are tough. Join Aleinu member and registered Yoga instructor, Corey Dane, for an all-levels guided practice, including mantra, light asana (postures), pranayama (breath work), and meditation, and learn to connect more deeply with the world around you and the worth within you. [RSVP here](#). *Hosted by Aleinu, open to all.*

Notes: Bring a yoga mat or plan to practice on some comfy carpet. While not necessary, props like pillows, bolsters, and blankets can assist with support, balance, and relaxation. Wear comfortable clothing to allow for ease of movement.

Sponsorships

Tonight's Livestream Sponsored by

CBST Board, Staff, and Clergy in honor of our many volunteers, seen and unseen, keeping our community connected and thriving.

Sheri Clemons on occasion of my dad's, George Clemons' 86th birthday.

Randi Weingarten

Livestream Supported by

Jeany Heller in memory of my Uncle, Aaron Heller, z"l, who passed away on Sunday, the last surviving of 12 siblings. May their memories be for blessing. They are all greatly missed.

Jeany Heller in memory of my friend Giovanni Siorentino, z"l, who passed away on Wednesday. G, you were my buddy, my pal, and always made my hair look great. I miss you.

Jinny Henenberg thank you Rabbi Sharon Kleinbaum and the doctors and nurses at NYU ER for their caring support and love.

Joanne Jacobson and Ellen Wertheim in memory of Joanne's mother, Florence Jacobson, z"l, and Ellen's father, Neil Wertheim, z"l, both of whose yortzeits fall during the coming week.

Marilyn Mishaan in memory of Dr. Jill Morris, z"l, my very dear friend.

Kristen Plylar-Moore in honor of my dear friend Breanne and her husband Jeff on the birth of their new baby and my new goddaughter, Iris Beau. Mama and baby both doing well.

Steven Raphael in memory of Geula Shapiro, mother of my dear friend Caren Shapiro. "Zikhronah livrakha." May her name be for a blessing.

Bill Rosenbloom in honor of Rabbi Kleinbaum, Rabbi Rapport, Joyce Rosenzweig, Cantorial Intern David Fair, Larry Kay, Rabbi Moskowitz, and Rabbi James.

Linda Solomon and Bonnie Siegel in honor of Jason Zivic, our hero, for all he does for CBST, especially the Chorus; and Rabbi Kleinbaum and Joyce Rosenzweig for their help, assistance, and support in our zooming concert.

Rafaela Shira Anshel

Anika Cooper

Sabrina Farber

Carol Feinman

Roy Feldhusen

Lisa Fischer

Rabbi Kim Geringer

Michael Goldstein

Jerry Hyman

Rosanne Leipzig and Ora Chaikin

Julia Porper

Peter Rabinowitz

Shabbat Morning Livestream Supported by

The Hirschmann-Wilson family, with deep gratitude to all of CBST's service leaders.

Bill Rosenbloom in honor of Rabbi Kleinbaum, Rabbi Rapport, Joyce Rosenzweig, Cantorial Intern David Fair, Larry Kay, Rabbi Moskowitz, and Rabbi James.