

Objectives

In this lesson, children will

- identify ways to help protect themselves from getting and transmitting the Coronavirus.
- identify things they can do to avoid spreading the virus to others.
- define *hygiene*, *virus*, and *social distance*.

Materials

- Projector, monitor, or whiteboard
- Responding to the Coronavirus worksheet
- Writing materials, colored pencils, or crayons
- Yardstick or other physical representation of three feet (optional)
- Responding to the Coronavirus Lesson Resource

Words to Know

hygiene, virus, and social distance



Inclusion Tip

Children and young people may experience increased levels of anxiety about the Coronavirus but may not have the words to express how they are feeling. Those with disabilities or chronic health conditions may be experiencing an even greater level of anxiety than their typical counterparts. It can be difficult for anyone to have the right words to describe how he or she is feeling. Anxiety may present itself as being short tempered, clingy, or distracted.

Children and young people often model their response to a crisis based on how they see the adults around them behaving. Reassure children and young people that not all people will get the virus and that researchers and others are working hard to keep everyone safe.

ENGAGE

1 Open

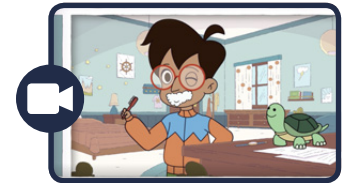
SAY: Please raise your hand if you have heard people talking about the Coronavirus or COVID-19. Allow time for children or young people to respond.

2 Connect

SAY: We are going to talk today about what we can do to help keep ourselves and others safe from the effects of the virus. A big part of keeping ourselves safe is proper hygiene. Good hygiene means doing things to take care of our bodies, such as keeping ourselves clean. First, we are going to watch a short video about taking care of our bodies. Play the video, which can be accessed by clicking the screen below.

3 Close

SAY: Let's learn more.



For the most up-to-date information about the Coronavirus (COVID-19), visit the following websites.

Centers for Disease Control and Prevention (CDC)

www.cdc.gov/coronavirus/2019-ncov

World Health Organization (WHO)

www.who.int

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EXPLORE

1 Begin

Explain that news about the virus may be causing people anxiety, which is natural when we are faced with things we don't know much about and when we don't know what we can do about them. **SAY: Knowing how to help keep yourself and others safe can make you less anxious.**

2 Connect


Distribute the Responding to the Coronavirus worksheets. Read aloud the first paragraph on Side A of the worksheet or invite a volunteer to do so. Consider using a yardstick to measure three feet, then six feet.

Display or project the Lesson Resource. Guide the children or young people through the resource, beginning with the I Can Help Protect Myself portion and followed by I Can Help Protect Others portion.

Read aloud the activity directions in boldface type on Side A of the worksheet or invite a volunteer to do so.

3 Close

Invite volunteers to share their completed Side A with the class.



Name _____

SPECIAL LESSON Responding to the Coronavirus

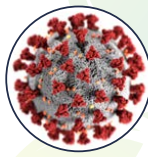
Caring for Ourselves and Others

A **virus** is a very small particle that can be seen only through a microscope. Although these particles are tiny, they have the power to make some people sick. The Coronavirus is one such virus. These particles can fly through the air and land on anything that is within three feet. That's why we want to stand or sit about six feet away from one another and sometimes stay home from events where a lot of people gather. This is called **social distancing**.

In the spaces below, write or draw things you will do to help protect yourself and what you will do to help protect others.

I Can Help Protect Myself

I Can Help Protect Others



This is an illustration of a particle of the Coronavirus. A real virus particle is many times smaller than a period at the end of a sentence and can be seen only through a powerful microscope.

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SPECIAL LESSON Responding to the Coronavirus - Worksheet / Side A

What Can I Do about Coronavirus?

I Can Help Protect Myself by:

keeping a distance of six feet between myself and the person closest to me.

washing my hands with soap and water for at least 20 seconds each time.

not touching my face.

I Can Help Protect Others by:

coughing or sneezing into my elbow or a tissue and throwing used tissue in the trash right away.

washing my hands or using hand sanitizer after sneezing or using tissue.

helping adults keep doorknobs, tables, desks, counters, touch screens, and other surfaces clean.

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SPECIAL LESSON Responding to the Coronavirus Lesson Resource

REFLECT & RESPOND

1 Begin

SAY: People often look to Scripture for strength and comfort. Reading Scripture can help us be open to receiving God's grace and to be aware that he accompanies us in all that we do. Read aloud the Scripture from the Scripture feature on this page or invite a volunteer to do so.

2 Connect

Read aloud the first paragraph or invite a volunteer to do so. Then read aloud the activity directions in boldface type on Side B of the worksheet or invite a volunteer to do so. Explain that we are called to be in solidarity with all our brothers and sisters, sharing in their joy and supporting them in their challenges and sorrows as they are with us. (For younger children, you may want to do this portion of the lesson together as a class.)

3 Close

SAY: Let's close our discussion by using the words in the prayer box to pray for those we identified in our chart. We can take this worksheet home as a reminder to keep these people in our prayers.



Scripture

May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the holy Spirit.

Romans 15:13

Growing with **GOD**

Live in Hope and Prayer

We can see the presence of God and God's grace in the people who help care for those in need and the people who work to keep us safe.

Think about those who have been affected by the virus and those who are helping care for them. Fill in the chart below using words or pictures.

Person in Need	Person Who Helps
Person in Need	Person Who Helps
Person in Need	Person Who Helps

Scripture

May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the holy Spirit.

Romans 15:13

Prayer

Heavenly Father, Please help us to stay strong in body as well as in spirit, to have the wisdom and prudence to do what is called for, to have empathy for all those who are suffering, and to live in your love, presence, and strength. Amen.

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SPECIAL LESSON Responding to the Coronavirus - Worksheet / Side B



Prayer

*Heavenly Father,
Please help us to stay strong in body as well as in spirit,
to have the wisdom and prudence to do what is called for,
to have empathy for all those who are suffering,
and to live in your love, presence, and strength. Amen.*