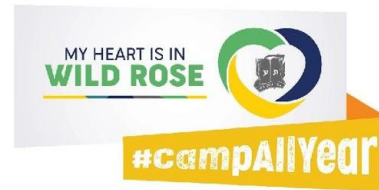


## Moshava Mehabayit • Wednesday, July 29

מושבה מהבית • יום רביעי, ח' אב



Time (Florida)	Time (Chicago)	Time (Israel)	Tochnit – click to connect!	Details
10:00 am	9:00 am	5:00 pm	<a href="#">Tefillah</a>	
10:30 am	9:30 am	5:30 pm	<a href="#">Shiur</a> with Rav Natan	Am Yisrael: No Walls
10:50 am	9:50 am	5:50 pm	<a href="#">Peula Alef</a> Baking with Dikla	Pre-fast or Break-fast treats Ingredients list <a href="#">here</a>
11:30 am	10:30 am	6:30 pm	<a href="#">Chugim</a> Wednesdays!	Bishul, Malechet Yad, Yoga, Ninja
5:00 pm:	4:00 pm	12:00 am	<a href="#">Kumzits</a>	Get into the Tisha B'av mindset
8:08 pm	8:12 pm	7:38 pm	Fast begins tonight	See you in the morning