

Sit with God and be productive

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Are you sitting around, idling time away, and wishing you could be doing something more worthwhile and productive? Then sit no more. You can make a choice to be active now!

It's not where your body is sitting that is the determining factor as to how active you are, but what your thought is doing. An actively employed thought translates into an actively engaged life and brings results to show for the effort.

In my early years, when I worked on the family farm, I couldn't imagine sitting at a desk all day for a job. I figured it would kill me. My sense of activity was buzzing around the farm all day irrigating the crops, fixing broken equipment, and tending to plants and trees. There was hardly an idle moment, ever. But later, when I went into the full-time practice of Christian Science, I found myself sitting at a desk all day long. It did not kill me! In fact, it thrilled me. I was able to get my thought settled down with Truth and Love and be more productive than ever.

Today, I frequently sit in a chair for hours straight without getting up and feel like it was 15 minutes. My thought is so engaged with loving God, helping others, and praying for a deeper understanding of Truth, that time becomes as nothing. It's experiencing a degree of eternity. I call it "sitting with God," and it's a continually active, engaged, fulfilling employment like none other.

If you feel like you're sitting around wasting time, you can change that by getting your thought employed with useful spiritual ways of thinking. There is always some grand problem to solve,

answer to seek, or person to help. God has an answer! Sit no more. Seek out that answer and be productive.

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