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# 1st Night CBST Community Passover Seder on Zoom

**TOMORROW, Wednesday, April 8, 6 pm; Zoom:** <u>https://zoom.us/j/589495681;</u> By phone: +1 646 876 9923 US (New York)

- We will be using A Night of Questions, ed. by Rabbi Joy Levitt and Rabbi Michael Strassfeld. You can download a free pdf of the Haggadah <u>here</u>.
- Rabbi Kleinbaum is leading the seder with Rabbi Marisa James, Cantorial Intern David Fair, and Cooperberg-Rittmaster Rabbinical Intern Ben Dyme.
- Contribute in support of CBST's online Seder led by our Clergy Team.

#### Out at the J Queer Passover Seder (Virtual) - all are welcome!

Thursday, April 9, 7-9 pm, \$10; Zoom link to be sent upon registration

## Click <u>HERE</u> for all the information about our Passover events.

#### Note that there is no Connecting in Community meeting this Friday.

If you are participating in the chametz "sale," there is a box to click that says "Passover & Chametz" (it's the last contribution option). When you click it, a box will appear where you can make your *maot chittim* and put in your Hebrew/Yiddish names & approximate value of your chametz. Or we are happy to hear an attestation that your info remains the same.

## Some Passover Suggestions

#### Bring Your Seder Home

Whether taking a seat at CBST's virtual table, or opening the Haggadah with those who share your home, get an introduction and some advice about the order of events <u>here</u>.

#### Set Up Your Seder Plate

Discover the classic symbolism of the items on our seder plates (or their creative alternatives!) and consider the addition of a symbol that represents a contemporary struggle for social justice equity.

**Teach Our Children the Story**: Down The Nile: A Passover Aggadah Adventure Starting Monday, April 6, at 10 am, CBST's Aggadah Actors will release daily video clips for children with activities and challenges designed for ages 2-7, their grownups and families to bring the Passover story to life. Although we can't gather in person, we'll bring the theater experience to your home with new interactive content on Wednesday, April 8th -- **click here** to see the trailer.

#### **CBST Community Chorus Passover Songs**

We'd like to share <u>an excerpt from our 2016 Shabbat Shirah concert</u> entitled *Min Hametzar*. The text is from Psalm 118: 5-25, and the music is written by French opera composer, Jacques Fromenthal Halevy (1799-1862). Sung by the CBST Community Chorus, Joyce Rosenzweig, conductor, with soloists Marc Molomot and Sam Rosen. It begins by crying out to God from the depths of despair, then acknowledges God's power and strength (*Ozi V'zimrat Yah*), offers gratitude and thanksgiving, and finally declares, "This is the day that God has made. Let us rejoice and be glad in it."

We'd also like to share <u>this recording of Cantor Jack Mendelson and the CBST</u> <u>Chorus singing Moishe Oisher's *Chad Gadya* from the CBST Community Chorus' 2001 Shabbat Shirah concert. We hope you enjoy this magnificent pieces. Chag sameach!</u>

#### **CBST Community Cultural Recommendations**

Got some recommendations for spiritually nourishing books, songs, movies, or other ways of passing the time in quarantine? Share them with the community <u>here</u> -- simply type any suggestions you have under the appropriate category, and enjoy!

#### **The Third Seder**

This Yiddish cultural seder, based on a tradition beginning in the 1930's, will feature many of the most well-known Yiddish singers, actors, and instrumentalists today (including Music Director Joyce Rosenzweig).



# **CBST** in the News

#### Rabbi Kleinbaum appeared:

- On <u>WNYC's The Takeaway podcast</u> on Mar. 26.
- On Andy Cohen's Watch What Happens Live!
- In <u>Jewish Insider</u> on Mar. 31
- In Lily Lines, a Washington Post publication:
  - "That feeling of what you can carry if you know you're a part of something bigger than your own life is tremendous," Kleinbaum added. "And when you feel like you can actually help somebody else, that strengthens you."
- In another Washington Post article on Apr. 2

#### **CBST** members

Friend, the 4/7 news: Celebrate Passover with CBST

- Rabbi Jo Hirschmann visited <u>WNYC's All Things Considered</u> to discuss how "Hospital Chaplains And Counselors Are Frontline Workers, Too."
- Rabbi Nancy Wiener wrote <u>a lovely meditation</u> on the crisis that we face.



#### **Kabbalat Shabbat**

Shabbat Chol HaMoed Pesach Friday, Apr. 10 / 17 Nisan Kabbalat Shabbat, 6:30 pm Ba'al Tefillah: David Fair Piano: Music Director Joyce Rosenzweig Service Leader & Drashah: Rabbi Sharon Kleinbaum Visit <u>CBST's main Facebook page</u> --you will find the livestream of the Shabbat service at/near the top of the page. Saturday, Apr. 11 / 17 Nisan Shabbat Morn.–Liberal Minyan, 10 am B'nai Mitzvah of George Aul, Brian Zumhagen, and Sharan Bonder Ba'al Tefillah: Cantorial Intern David Fair Service Leaders: Rabbi Sharon Kleinbaum and Rabbi Yael Rapport Divrei Torah: George Aul, Brian Zumhagen, and Sharan Bonder

Limmud (K-8) Online, 10-11 am Teen Track Online, 1:30-2:30 pm For students who want to connect with their teachers and each other, Limmud will be held via Zoom. Teachers will email their classes the Zoom link and details. Hebrew tutoring included, <u>by</u> <u>appointment only.</u>

#### Havdalah, 8:30 pm

Service Leader: Rabbi Marisa James Zoom: <u>https://zoom.us/j/654880356</u> Meeting ID: 654 880 356; phone: +1 646 876 9923 (New York)

# Frontline: A Meeting of CBST Healthcare Professionals & Their Family Members will <u>not</u> take place this Sunday in observance of Passover.

**Online Meditation** *M-Fr* 12:30-1:00 pm (*Weds.* 12:30-1:15 pm); runs through April 7. More details here

#### Egalitarian Morning and Afternoon Minyans

Email Harold for the password to these minyanim:

- 8:00 am Morning Minyan (M-Fr) Zoom: <u>https://zoom.us/j/983632710</u>; Phone: +1 646 876 9923; meeting ID: 983 632 710
- 5:45 pm Afternoon Minyan (M-Thu) Zoom: <u>https://zoom.us/j/400624092</u>; Phone: +1 646 876 9923; meeting ID: 400 624 092

#### **Spiritual Guidance**

- <u>A healing prayer from Joyce & David Fair</u>
- <u>Rabbi Kleinbaum's thoughts on "Spiritual Lessons for Today's Plague"</u>
- <u>A Prayer for Healthcare Workers</u>



Please note that, in observance of Passover, there will be **no classes on Apr. 8, 9, 15, and 16**, and the CBST virtual office will be closed. **Please "arrive" 10 minutes early** for any Zoom call so that we can start on time. Thanks so much!

## Open to all

#### Psalm Study with Rabbi Kleinbaum

Note the special schedule: 4/7, 4/8, 4/13, 4/14, 10-10:45 am

Join in study of the Book of Psalms with Rabbi Kleinbaum. No experience necessary! Every morning Monday-Thursday 10:00 am to 10:45 am. **ZOOM INFORMATION:** <u>https://zoom.us/j/513468144</u> Meeting ID: 513 468 144; Dial by phone: +1 646 876 9923 *Recordings of classes available HERE* 

# Preparing for Passover with Rabbi Moskowitz

Final session today, 6:30-7:15 pm

In preparation for Passover, Rabbi Moskowitz will be sharing thoughts on identity, communal responsibility, and unity from the Haggadah. **ZOOM INFORMATION:** Join Zoom Meeting: <u>https://zoom.us/j/238671634</u> Meeting ID: 238 671 634; Dial by phone: +1 646 876 9923

# Connecting in Community with CRRI Deborah Megdal--NO MEETING THIS FRIDAY

Fridays, 4/17, 4/24, 3-4 pm, Zoom: <u>https://zoom.us/j/256347787</u> Meeting ID: 256 347 787; by phone: +1 646 876 9923

In this stressful time, we need to love, support, and listen to one another with an open heart. All are invited to a short text study & support session led by Cooperberg-Rittmaster Rabbinical Intern Deborah Megdal via Zoom. OPEN TO ALL. No registration required.

#### Passover Resources for Kids:

- Explore <u>PJ Library's Passover resources</u>.
- Recite The Four Questions in Hebrew, English, and American Sign Language.
- · Learn about Passover Around the World with Shalom Sesame.

### Cool things happening online in the community

- <u>Temple Emanu-El Streicker Center free online classes</u>
- <u>National Yiddish Theatre Folksbiene free broadcasts</u>
- <u>Nightly Metropolitan Opera livestreams</u>
- <u>300,000+ books available to download from the New York Public Library</u>

# **Resources in Times of COVID-19**

- <u>CBST COVID-19 Resources list Google doc</u>
- New York State COVID-19 Emotional Support Hotline: 1-844-863-9314
- New York State COVID-19 Hotline: 1-888-364-3065
- Met Council resource center on coronavirus
- <u>NY State Department of Health information about coronavirus</u>
- <u>Centers for Disease Control information about coronavirus</u>
- Listing of important NYC coronavirus links
- NY State information on tenants' rights
- <u>A centralized listing of NYC mutual aid groups</u>
- List of NYC mutual aid groups and coronavirus resources
- NYC coronavirus crisis resources

#### <u>Unemployment insurance fact sheet</u>

#### **RUACH: Emotional and Spiritual Support**

**Do you need someone to talk to?** We are Jewish emotional and spiritual care providers looking to help you during these challenging times. We are a 100% volunteer-run initiative made up of therapists, social workers, rabbis, chaplains, and providers-in-training offering support during the COVID-19 pandemic. Caregivers span the spectrum of Jewish identity and practice, and we have providers who specialize in LGBTQ+, multi-faith, & accessible care. If you are in need of free support, please <u>fill out this form</u> and you will be matched with a caregiver for a 30-minute call. Your caregiver will reach out to you within 48 hours [Monday-Friday]. Questions? <u>Contact us</u>.

#### **Unemployment Insurance Questions**

CBST member Hugh Baran has offered to talk with our members who have questions or are seeking help with unemployment insurance. <u>Contact him here</u>.

### **Zoom Instructions**

Zoom is a free technology for calling and videoconferencing. You don't need a personal Zoom account. It's available on your desktop computer, iPhone, iPad, Android, or Mac. **Overall Guides:** Zoom has step-by-step instructions on how to use it <u>here</u>; <u>This</u> is also a good guide to using Zoom; <u>This</u> is the simplest video on how to "join a meeting." **Video/Microphone:** If your computer has a camera, you can use video (or audio only). If you want to talk, you must have a microphone or call in on the phone.

**Basic Requirements and Directions:** Directions <u>if you want to use Zoom on Windows</u> (<u>PC</u>) or Mac ; <u>You can download the app here</u> for your computer.

#### On Your Phone:

- On your iPhone or Android, download the app from the App Store/Google Play-search for Zoom Cloud Meeting and download the app.
- Once you are on the Zoom class/conference/meeting--with or without video, on your phone, tablet, or computer: Make sure you are in a relatively quiet place. If you talk to someone else when you are unmuted, we can hear you. Consider earphones or headphones. In a large group, we will mute you.
- If you want to "raise your hand" to be recognized, hit \*9 (star 9).
- To unmute or mute yourself, press \*6 (star 6).

#### **Advanced Instructions**

<u>Here are directions</u> for how to "raise your hand" on different platforms. <u>Here are directions</u> on how to use the spacebar to unmute in large groups.



Membership: New & Renewal Shabbat & Livestreaming Sponsorships <u>Make a Contribution</u> Contribute to the CBST Bail Bond Fund

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