

4 Nissan, 5780 - March 29, 2020

Dear ADATH Member/Friend,

Due to the health crisis, the ADATH building is CLOSED until further notice. All classes and events are only done remotely through Zoom - see details below. Our dedicated staff and lay leadership remain hard at work – remotely. You can reach our office staff by phone (514-482-4252) or email ONLY: <a href="mailto:audra@adath.ca">audra@adath.ca</a>, <a href="mailto:maggie@adath.ca">maggie@adath.ca</a>, <a href="mailto:remotely">remotely</a>. You can reach our office staff by phone (514-482-4252) or email ONLY: <a href="mailto:audra@adath.ca">audra@adath.ca</a>, <a href="mailto:maggie@adath.ca">maggie@adath.ca</a>, <a href="mailto:remotely">remotely</a>. You can reach our office staff by phone (514-482-4252) or email ONLY: <a href="mailto:audra@adath.ca">audra@adath.ca</a>, <a href="mailto:maggie@adath.ca">maggie@adath.ca</a>, <a href="mailto:remotely">rabbi@adath.ca</a>, <a href="mailt

Rabbi Whitman and Rabbi Alex are available at any time for questions, guidance, and assistance of any kind. Please contact Rabbi Michael Whitman for any questions, concerns, issues, and updates. (Rabbi Whitman - <a href="mailto:rabbi@adath.ca">rabbi@adath.ca</a>, cell: 514-513-2995; Rabbi Alex – alex@adath.ca, cell: 514-212-5157)

## **Urgent Message**

We remain deeply concerned about people not distancing and self-isolating as needed. The most important message we can share is for everyone to STAY HOME and reduce contact with others, along with washing hands properly. Especially for those who are older, or who have underlying medical conditions, and those who are returning from out of town, this is not just a suggestion but a requirement of civil law and Jewish law. And don't worry, we have volunteers ready to bring you groceries including food for Passover, medicines, and anything else you need. Just let Rabbi Whitman know, and we will take care of it. This means that many people will be unexpectedly having the Passover Seder alone, or without family and friends. Rabbi Whitman is providing resources, guidance, and support for everyone through email and Zoom classes, which are recorded on our website.

#### **Bulletin**

We ask for your understanding as this slim mailing substitutes for our Passover Bulletin. It is all we are able to produce currently. All personal milestones and contributions will be included in our next bulletin. We, like so many other individuals, businesses, and organizations, are having financial difficulty in these troubled times. We ask you to generously support ADATH according to your ability.

#### **Email**

It is more important than ever that we are in touch by email. We are sending out frequent email updates, with a huge amount of information, inspiration, resources, and assistance for Passover and everything else. If you or anyone you know is not receiving our emails regularly, please contact Rabbi Whitman. We want to be in touch with you!

## Zoom

All classes and events are taking place remotely, using Zoom. All details of upcoming Zoom sessions, and recordings of past Zoom sessions, are included in our emails, and on our website ADATH Zoom Room, www.adath.ca/page\_zoom.html, which is updated daily. ADATH Zoom Room also contains clear and simple instructions for using Zoom. Recent Zoom sessions include Preparing for an Unprecedented Passover, Community-Wide Rosh Chodesh Nissan Musical Hallel, Clean for Pesach in One Hour, How to Lead a Seder – with much more to come.

Notwithstanding the unprecedented challenges facing us and the entire world, we wish you and yours a happy and healthy Passover!

Rabbi Michael Whitman and Marvin Rosenblatt, President

## Michael Whitman, RABBI

ADATH ISRAEL POALE ZEDEK ANSHEI OZEROFF

rabbi@adath.ca

t: 514-482-4252 f: 514-482-6216

223 Harrow Crescent, Hampstead

Quebec H3X 3X7 CANADA



20 Adar, 5780 - March 16, 2020

## Dear ADATH Member/Friend

Soon you have a Yahrtzeit for a loved one. This is an important, emotional, and spiritual time for you. Due to the current health crisis, as of the date of this letter, ADATH is closed and our Minyan is suspended until further notice. In order to receive the latest updates from us, please send me your email and you will be added to our email list.

It breaks our heart to suspend our Minyan, the core of ADATH, especially when you need it most. But we do so in accordance with the Jewish value: "Whoever saves a life is as if s/he saved the entire world." By taking this drastic step of social distancing, we observe the highest principle of Jewish law, to protect and preserve life. This step will help reduce and slow the rate of coronavirus infection, and help insure that our dedicated medical professionals and healthcare system are not overwhelmed, resulting in the saving of lives.

I realize that not being able to say Kaddish for a loved one, especially on a Yahrtzeit, causes deep pain and a sense of emptiness, as we feel we are not acting with proper respect toward our loved one. But we need to remember the reason for saying Kaddish. We say Kaddish because this is how God commands us to honour and pay tribute to someone we love who has passed away. But there are extraordinary times when God tells us another Mitzvah must take precedence – in this case, preserving and protecting life, especially the lives of those who are elderly or have underlying medical conditions who are at greater risk from this virus.

Now is the time to pray alone, to make your home your synagogue. I urge you not to attend another Minyan or create a Minyan in your home, as this will defeat the effect of social distancing. Our greatest Torah leaders have definitively ruled that even if people gather in smaller groups, stand a distance apart, and wash hands, the risk is still too great, especially to those who are elderly or suffer underlying medical conditions that puts them at greater risk.

So instead of saying Kaddish, which requires a Minyan, I suggest each of us observing Yahrtzeit take upon ourselves an additional prayer (such as a paragraph of Tehilim/Psalms) or an additional Mitzvah specifically in memory of our loved one. Choose whatever is most meaningful to you. From my perspective, the most important Mitzvah we can do now for the merit of our loved one, is to carefully adhere to the directives of Quebec public health experts to practice extreme social distancing, correct hand-washing, and self-isolation where indicated. May these actions create a merit for our loved ones, and form a prayer to God to heal those who are sick and protect those who are at risk. And may these actions help return our community to normal activity soon.

Michael Whitman, RABBI

ADATH ISRAEL POALE ZEDEK ANSHEI OZEROFF

rabbi@adath.ca www.adath.ca

t: 514-482-4252 f: 514-482-6216

223 Harrow Crescent, Hampstead

Quebec H3X 3X7 CANADA

Rabbi Michael Whitman

## **REMOTE SALE OF CHOMETZ - 5780**

#### **Adath Israel Poale Zedek Anshei Ozeroff**

Not only may we not eat Chometz on Pesach, it may not even be in our possession during the Holiday. The most simple solution is to eat or give away any Chometz you may have as Pesach approaches. I will be happy to take any food you have and give it to the non-Jewish needy. That which we find during the 'Bedikas Chometz' (Search for Chometz), we burn before Pesach. If you wish to keep certain Chometz items for after Pesach, it is possible to do so by selling them to a non-Jew for the week of Pesach. You may contact Assistant Rabbi Alex Zwiebel (but, this year, not in person – see below) to act as your agent to arrange this sale for you. When you do so, it is important to remember that you are selling your Chometz for that week - it does not belong to you, and the non-Jew to whom it is sold has the right to come and take it (and pay you for it). All sold items should be put in an area that can be closed off, taped shut, and clearly labeled 'sold.'

With the sale of the Chometz, you are also leasing to the non-Jew the property on which the Chometz sits. Therefore, you have to tell Rabbi Alex where the Chometz is located.

You must arrange for the sale of your Chometz no later than 7:00 p.m. on Tuesday, April 7, 2020. This year, this authorization form **must** be submitted either by mail, fax, email, or phone **only**. Please fill out and sign the form below and either: **mail** it to ADATH (223 Harrow Cr. Hampstead, QC H3X 3X7 - but confirm we have received it by Tuesday, April 7, 2020; **fax** it to ADATH at 514-482-6216; **email** it to <a href="mailto:rabbi@adath.ca">rabbi@adath.ca</a> or <a href="mailto:alex@adath.ca">alex@adath.ca</a> (scan or photo, or send a separate email with the information requested below which will serve as a clear statement of your authorization); or **phone** Rabbi Whitman at work: 514-482-4252, or cell: 514-513-2995.

#### Rabbi Michael Whitman

ate:
ame(s) and Telephone Number(s):
mail(s):
ddress(es):
lain Location(s) of Chometz:
Chometz in other locations is also sold.)
Hometz in other locations is also solu.
There do you plan to be during Passover? This year, 2020, we will only arrange the sale of Chometz for those who will be in the
ontreal time zone both at the beginning and end of Passover

I give full power to Assistant Rabbi Alex Zwiebel to sell and transfer all legal title of all items owned by me (excluding that which I will use or burn before Pesach) - knowingly or unknowingly - which are, or may contain Chometz according to Jewish law and/or Tradition, and which the Mishnah Brurah, compiled by the Chofetz Chaim, describes as items which a Jew may not own during Pesach\*, to anyone of his choice and in any manner which he deems necessary. I also authorize Rabbi Alex to lease any property where this Chometz is located. I also authorize Rabbi Alex to receive the buyer's deposit and to appoint a substitute in his stead if he wishes, with full power to sell and lease as described above. This sale is valid according to Jewish and secular law. The present document has been written in the English language at the express request of the parties. Le présent document a été rédigé en langue anglaise à la demande expresse des parties.

Signature (include signatures of spouse and adult children if applicable):

<sup>\*</sup>Including but not limited to: all products made of barley, oats, wheat, rye, or spelt, and all products containing any mixture or derivative of these grains; all items prepared together with those mentioned above; all particles of the above that may adhere to the surfaces of utensils; and all items concerning which there exists an unresolvable doubt about whether they fall into the above categories.



# Judaism for the next generation

## **Perspective**

Rabbi Yosef Kanefsky wrote: "Every hand that we don't shake must become a phone call that we place. Every embrace that we avoid must become a verbal expression of warmth and concern. Every inch and every foot that we physically place between ourselves and another, must become a thought as to how we might be of help to that other, should the need arise."

Miriam Peretz is an amazing woman in Israel. These are her words about her Shabbat table, and they apply equally to our upcoming Passover Seder.

I had a great Shabbat. I have never cooked just for me, I always prepared what my grandchildren love. So this time I made myself buckwheat. This is something my grandchildren don't eat, we are a Moroccan family, they ask what is this food? So I made buckwheat, for myself, for fun - and it was delicious!

These moments of crisis should not break us. We don't say that a woman who wants to give birth is in crisis. She experiences great pain, but from that crisis a child is born. Crisis moments are moments you can use for inner contemplation, to ask questions for which there is no time in the normal daily madness. When I read Kiddush on Shabbat, suddenly my words were illuminated. Life gives us a lot of situations. We choose how to translate them. You can translate the current situation to thinking that you are alone, you are lonely; or you can say: I give myself this moment as a gift.

And in general, what won't a person do to live? If the doctor tells you to take medicine and live, you will take it. So we just say: we are at home in order to live. If it requires one Shabbat or two or a month or two months - the main thing is that we look forward. Why am I here alone? I am here alone so that I can have the ability soon to open my Shabbat table for 30 people, as always, so that I can hear the Kiddush again with all my children and grandchildren.

## Schedule for Early Shabbat Starting Times – Spring, Summer 2020

	Minchah	Plag/Earliest Candlelighting	Latest Candlelighting
April 3	5:50 p.m.	6:04 p.m.	7:07 p.m.
April 10	6:00 p.m.	6:11 p.m.	7:16 p.m.
April 17	6:00 p.m.	6:18 p.m.	7:25 p.m.
April 24	6:00 p.m.	6:25 p.m.	7:34 p.m.
May 1	6:15 p.m.	6:31 p.m.	7:43 p.m.
May 8	6:15 p.m.	6:38 p.m.	7:52 p.m.
May 15	6:30 p.m.	6:45 p.m.	8:00 p.m.
May 22	6:30 p.m.	6:51 p.m.	8:08 p.m.
May 29	8:15 p.m.		8:15 p.m.
June 5	6:45 p.m.	7:02 p.m.	8:21 p.m.
June 12	6:45 p.m.	7:06 p.m.	8:25 p.m.
June 19	6:45 p.m.	7:08 p.m.	8:28 p.m.
June 26	6:45 p.m.	7:09 p.m.	8:29 p.m.
July 3	6:45 p.m.	7:09 p.m.	8:28 p.m.
July 10	6:45 p.m.	7:07 p.m.	8:24 p.m.
July 17	6:45 p.m.	7:03 p.m.	8:19 p.m.
July 24	6:45 p.m.	6:58 p.m.	8:13 p.m.
July 31	6:30 p.m.	6:51 p.m.	8:04 p.m.
August 7	6:30 p.m.	6:44 p.m.	7:55 p.m.
August 14	6:15 p.m.	6:35 p.m.	7:44 p.m.
August 21	6:15 p.m.	6:25 p.m.	7:32 p.m.
August 28	6:00 p.m.	6:15 p.m.	7:20 p.m.

#### ADATH ISRAEL POALE ZEDEK ANSHEI OZEROFF

## PESACH SCHEDULE AND LUACH - 5780

## **Prayer at Home**

Though our ADATH building is closed and our public prayer services are suspended until further notice, it is still the proper practice, when praying at home, to pray at the same time as the prayers would be in the synagogue. For this reason, we provide the times of services below.

When praying at home, we omit those prayers that require a Minyan, such as: Kaddish, Barchu, Reader's Repetition, and Kedusha. We omit the formal reading of Torah, Maftir, and Haftora, but it is proper to study those passages on the days they would be read in shul. We include the prayers for: Israel Defense Force, those who are ill, Local/Provincial/Federal Officials, Canadian Armed Forces, and the State of Israel.

It is also proper, when praying at home, to select a set place for prayer, as we have a set place (Makom Kavua) in shul. When praying at home, we should dress appropriately to greeting God, King of Kings, as we do in shul.

Please contact Rabbi Whitman for any questions you have. This schedule includes additional information prepared by Rabbi Joshua Flug, based on the opinions of Rabbi Herschel Schachter and Rabbi Mordechai Willia.

7:15 p.m.

Arrange for the Sale of Chometz by 7:00 p.m. See authorization form and special instructions for this year.

## Tuesday, April 7

Minchah

Search for Chometz, starting at	
Erev Pesach, Passover Eve - Wednesday, April 8	
Shacharit - omit מזמור לתודה and למנצח	6:30 a.m.
Zoom Siyum for First Born, have a special breakfast ready at home to celebrate	7:30 a.m.
Finish eating Chometz by	10:16 a.m.
Remove and annul Chometz - without gathering and without burning – by safely flushing down the toilet	11:35 a.m.
Make an Eruv Tavshilin	
Candlelighting / Minchah for a weekday, Maariv for Yom Tov/Pesach	7:14 p.m.
First Seder, Kiddush no earlier than	8:20 p.m.
Fourth Cup at Seder should preferably be completed by	12:54 a.m.

## Pesach, first day - Thursday, April 9

Shacharit for Yom Tov/Pesach; Hallel; study Torah reading, Maftir, and Haftorah; Mussaf for Yom Tov/Pesach	8:45 a.m.
The Torah reading is "משכו" (Shemos 12:21-51), the maftir is ובחדש הראשון (Bamidbar 28:16-25),	
and the haftarah is from Yehoshua 3:5-7, 5:2-6:1, 6:27.	
Omit Mashiv HaRuach in Mussaf and for rest of spring-summer. Piyut of Tal (Dew) is not required but may be said.	
Minchah for Yom Tov/Pesach	7:15 p.m.

Minchah for Yom Tov/Pesach	7:15 p.m.
Maariv for Yom Tov/Pesach, followed by Sefirat Ha'Omer	8:00 p.m.
Candlelighting from an existing flame and preparations for Second Seder, no earlier than	8:20 p.m.
Fourth Cup at Seder should preferably be completed by	12:54 a.m.

## Pesach, second day - Friday, April 10

Shacharit for Yom Tov/Pesach; Hallel; study Torah reading, Maftir, and Haftorah; Mussaf for Yom Tov/Pesach	8:45 a.m.
The Torah reading is "שור או כשב" (Vayikra 22:26-23:44), the maftir is ובחדש הראשון (Bamidbar 28:16-25),	
and the haftarah is from Melachim II 23:1-9, 21-25.	
Finish managetings for Challest and in the day	

Finish preparations for Shabbat early in the day.

• •	,	
Early Minchah for Yom Tov/Pesach	abbreviated Kabbalat Shabbat, Maariv for Yom Tov/Pesach	6:00 p.m.

במה מדליקין We omit מזמור שיר ליום השבת. We omit במה מדליקין.

Ma'ariv Amidah is for Shabbat. Ya'aleh V'Yavo is added with proper insertion for Pesach.

VaYechulu is recited after the Amidah.

Plag/earliest Candlelighting 6:11 p.m.

Latest Candlelighting/Minchah, abbreviated Kabbalat Shabbat, Maariv for Yom Tov/Pesach Say Sefirat HaOmer after	7:16 p.m. 8:20 p.m.
Shabbat Chol HaMoed – Shabbat, April 11 Shacharit for Shabbat with Ya'aleh V'Yavo for Pesach; Half-Hallel; study Shir HaShirim, Torah reading, Maftir, and Haftorah; Mussaf for Yom Tov/Pesach including references to Shabbat  The Torah reading is "ראה אתה" (Shemos 33:12-34:26), the maftir is והקרבתם (Bamidbar 28:19-25) and the haftarah is from Yechezkel 37:1-14.	8:45 a.m.
Minchah for Shabbat with Ya'aleh V'Yavo for Pesach  The Torah reading is from the Parsha of Shmini.	7:20 p.m.
Maariv for a weeknight with paragraph of Havdallah and Ya'aleh V'Yavo for Pesach, change to V'Ten Bracha Omit ויהי נועם. After the Amidah, Sefirat Ha'Omer is followed by Aleinu.	8:13 p.m.
Shabbat ends Havdallah is standard for every Saturday night.	8:23 p.m.
<b>Chol HaMoed – Sunday-Tuesday, April 12-14</b> Sunday omit מזמור לתודה and למנצח, Shacharit for weekdays with Ya'aleh V'Yavo for Pesach, Half-Hallel,	
study Torah reading, Mussaf for Pesach  Sunday Torah reading is "קרש לי" (Shemos 13:1-16) and והקרבתם (Bamidbar 28:19-25).	8:00 a.m.
Monday and Tuesday omit למנצח and למנצח, Shacharit for weekdays with Ya'aleh V'Yavo for Pesach, Half-H study Torah reading, Mussaf for Pesach  Monday Torah reading is "אם כסף" (Shemos 22:24-23:19) and והקרבתם (Bamidbar 28:19-25).  Tuesday Torah reading is (Bamidbar 9:1-14) and והקרבתם (Bamidbar 28:19-25).	lallel, 6:15 a.m.
Sunday and Monday Minchah, Maariv for weekdays with Ya'aleh V'Yavo for Pesach, Sefirat Ha'Omer	7:25 p.m.
Tuesday Candlelighting/Minchah for weekdays with Ya'aleh V'Yavo for Pesach, Maariv for Yom Tov/Pesach Kiddush for Yom Tov. Shehechiyanu is omitted.	7:21 p.m.
Say Sefirat Ha'Omer after	8:28 p.m.
Pesach, seventh day - Wednesday, April 15 Shacharit for Yom Tov/Pesach; Half-Hallel; study Torah reading, Maftir, and Haftorah; Mussaf for Yom Tov/Pesach The Torah reading is Shemos 13:17-15:26, the maftir is הקרבתם (Bamidbar 28:19-25),	8:45 a.m.
and the haftarah is from Shmuel II 22:1-51. Minchah for Yom Tov/Pesach	7:25 p.m.
Maariv for Yom Tov/Pesach, followed by Sefirat Ha'Omer Candlelighting from an existing flame and preparations for Wednesday night, no earlier than Kiddush for Yom Tov. Shehechiyanu is omitted.	8:18 p.m. 8:28 p.m.
Pesach, eighth day - Thursday, April 16 Shacharit for Yom Tov/Pesach; Half-Hallel; study Torah reading, Maftir, and Haftorah; Yizkor (does not require a Minyan); Mussaf for Yom Tov/Pesach	8:45 a.m.
The Torah reading is Devarim 15:19-16:17, the maftir is והקרבתם (Bamidbar 28:19-25), and the haftarah is from Yeshayahu 10:32-12:6.	0. 13 a.m.
Minchah for Yom Tov/Pesach	7:25 p.m.
Maariv for weeknight with the paragraph of Havdallah, followed by Sefirat Ha'Omer	8:20 p.m.
Yom Tov ends	8:30 p.m.
Havdallah contains only two Brachot: HaGofen and HaMavdil (no candle or spices). Chometz sold through Assistant Rabbi Alex Zwiebel will be returned to your ownership by	9:30 p.m.

#### PRAYER FOR THE GOVERNMENT

HEAVENLY FATHER, uphold and bless our country, Canada. Instill love and harmony among all who dwell here. Bless and protect the Prime Minister and all the constituted officers of government of this land. Set in their hearts the spirit of wisdom and understanding to uphold peace and freedom.

#### **PRAYER FOR CANADIAN SOLDIERS**

HEAVENLY FATHER, bless and protect the men and women of the Canadian Armed Forces who risk their lives for the sake of peace. Guide them in peace, lead them toward peace, and return them speedily to their families alive and unharmed. Grant us true peace in fulfillment of the prophecy: "Nation will not bear arms against nation, and will no longer practice war."

#### PRAYER FOR THOSE WHO ARE ILL

מִי שֶבֵּרַךְּ אַבּוֹתֵינוּ אַבְרָהָם יִצְחָק וְיַעַקֹב, מֹשֶה אַהַרֹן דָוִד וּשְלֹמֹה, הוּא יְבְרֵךְ וִירַפֵּא אֶת insert name(s) בַּעַבוּר שֶּכָּל הַקְהָל מִתְפַּלְלִים בַּעַבוּרָם. בִּשְׂכַר זֶה, הַקְדוֹש בְּרוּךְ הוּא יִמְלֵא רַחַמִּים עַלֵיהֶם, לְהַחַלִּימְם וּלְרַפְּאוֹתְם וּלְהַחַזִיקְם וּלְהַחֵיוֹתָם, וְיִשְלַח לָהֶם מְהֵרָה רְפּוּאָה שְלֵמָה מִן הַשְּמֵים, לְכָל אֵיבְרֵיהֶם וּלְכָל גִּידֵיהֶם, בְּתוֹךְ שְאָר חוֹלֵי יִשְׂרֵאֵל, רְפוּאַת הַנֶּפֶש וּרְפוּאַת הַגּוּף...

on Shabbat שַבָּת הִיא מִלּזְעֹק, וּרְפּוּאָה קְרוֹבָה לָבוֹא...

יוֹם טוֹב הוּא מִלּזְעֹק, וּרְפּוּאָה קְרוֹבָה לָבוֹא... - on Yom Tov

ַהַשְּתָּה בַּעַגָּלָה וּבִזְמַן קְרִיב, וְנֹאמַר: אָמֵן.

MAY HE WHO blessed our ancestors Abraham, Isaac, and Jacob, Moses and Aaron, David, and Solomon - may He bless and heal <u>insert name(s)</u>, as the entire congregation prays on their behalf. In the merit of this, may the Holy One, Blessed is He, be filled with compassion for them; to heal them, to strengthen them, and to revive them. And may He send them speedily a complete healing from Heaven, among the other ill of Israel, a healing of the spirit and a healing of the body...

on Shabbat - Though Shabbat precludes our crying out, may their healing come speedily...

on Yom Tov - Though Yom Tov precludes our crying out, may their healing come speedily... Swiftly and soon. And let us respond: Amen.

## PRAYER FOR THE ISRAEL DEFENSE FORCE

מִי שֶבֵּרַךְּ אַבּוֹתֵינוּ אַבְּרָהָם יִצְחָק וְיַעַקֹב, הוּא יְבָרֵךְּ אֶת חַיְלֵי צְבָא הַהַגְנָה לְיִשְׂרָאֵל, הְעוֹמְדִים עַל מִשְׁמַר אַרְצֵנוּ וְעָרֵי אֶלֹהֵינוּ, מִגְבוּל הַלְּבָנוֹן וְעַד מִדְבַּר מִצְרַיִם, וּמִן הַיָּם הַגְּדוֹל עַד לְבוֹא הְעַרְבָה, בַּיַבְּשָה בְּאוִיר וּבַיְם. יִתֵּן יְיָ אֶת אוֹיְבֵינוּ הַקְמִים עָלֵינוּ נִגְפִים לִפְנֵיהֶם. הַקְּדוֹש בְּרוּךְ הוּא יִשְׁמֹר וְיַצִיל אֶת חַיְלֵינוּ מִכְּל צְּרָה וְצוּקְה, וּמִכְּל נָגַע וּמְחַבְּיה הְּכְל מַעֲשֵׂה יְדֵיהֶם. יַדְבֵּר שֹׁוְצִינוּ תַּחְתֵּיהֶם, וִיעַטְרֵם בְּכֶתֶר יְשוּעָה וּבַעַטֶּרֶת נִצְחוֹן. וּיִקְים בְּכָּה וְהַצְלְחָה בְּכְל מַעֲשֵׂה יְדֵיהֶם. לְהָם לְכֶם עִם אֹיְבֵיכֶם לְהוֹשִיע אֶתְכֶם. וְנֹאמַר: אָמֵן. וִיִּקְים בְּהָם הַבְּתָּה יִיְ אֶלֹהֵיכֶם הַהֹּלֵךְ עִמְכֶם, לְהִלְחֵם לְכֶם עִם אֹיְבֵיכֶם לְהוֹשִיע אֶתְכֶם. וְנֹאמַר: אָמֵן.

MAY HE WHO blessed our ancestors Abraham, Isaac, and Jacob - bless the members of the Israel Defense Force, who stand guard over our land and the cities of our God, from the border of Lebanon to the desert of Egypt, and from the Mediterranean Sea to the approach of the Aravah - on land, in air, and on sea. May God cause the enemies who rise up against us to be struck down before them. May the Holy One, Blessed is He, protect and deliver our fighting men and women from every trouble and distress, and from every affliction and injury, and may He send blessing and success in their every endeavor. May He lead our enemies under their sway and crown them with deliverance and victory. And may there be fulfilled in them the verse: "For it is God, your God, Who goes with you, to battle for you against your enemies, to deliver you." And let us respond: Amen.

## PRAYER FOR THE STATE OF ISRAEL

אָבִינוּ שֶבַּשְמִיִם צוּר יִשְׂרָאֵל וְגוֹאַלוּ, בְּרֵךְ אֶת מְדִינַת יִשְׂרָאֵל רֵאשִית צְמִיחַת גְאֻלְתֵינוּ. הְגֵן עְלֶיהְ בְּאֶבְרַת חַסְדֶּיךְ, וְמְבָּשְמִיִם צוּר יִשְׂרָאֵל וְגוֹאַלוּ, בְּרֵךְ אֶת מְדִינַת יִשְׂרָאֵיהְ שְׂרֶיהְ וְתִקְנֵם בְּעֵצְה טוֹבְה מִלְפְנֶיךְ. חַזֵּק אֶת יְדֵי וּפְרוֹשׁ עְלֶיהְ סֻכַּת שְלוֹמֵיךְ, וּשְּלֵח אוֹרְךְ וַאַמְתְּךְ לְרְאשֶיהְ לְרָאשֶיהְ שְׁלִים בְּאֶבֶץ וְשִׁמְחַת עוֹלְם לְיוֹשְבֶיהְ. מְלִפְנֶיךְ וְשִׁמְחַת עוֹלְם לְיוֹשְבֶיהְ. מַעְטֶרֶת נִצְטֶרֶת נִצְטְרֶת נִצְטְרֶם, וְנְתַתְּ שְלוֹם בְּאֶרֶץ וְשִׁמְחַת עוֹלְם לְיוֹשְבֶּיהְ. מִעְטֶרֶת נִצְיּרְ קְּדְשֵינוּ, וְהַנְחִילֵם אֶלוֹקִינוּ יְשוּעָה, וַעַטֶּרֶת נִצְטְרֶת נְצְטְרֵת וְנְתַתְּ שְלוֹם בְּאֶרֶץ וְשִׁמְחַת עוֹלְם לְיוֹשְבֶּיהְ. הוֹבְּלוֹת בְּאָרֶץ וְשִׁמְחַת עוֹלְם לְיוֹשְבֶיהְ. הוֹבְּלוֹם בְּאֶרֶץ וְשִׁמְחַת עוֹלְם לְיוֹשְבֶיהְ. הוֹב בְּעִבְיה בְּבְּרְ וְשִּבְּרָת חַחָּלֵם אָלוֹקִינוּ וְשִּנְּתְה בְּבִּת מִינוּ בְּבְּרְיִם בְּבְּבְית וְבְּבְינוּ שְׁבְּיִיהְ שְׁלוֹם בְּאֶבְיר וְשִּבְּחָת עוֹלְם לְיוֹשְׁבְיה. הוֹבְּלוֹת בְּבְרְת חַחְּבְּית בְּיִם בְּבְּרְת חַחְבְּית בְּבְּבְית וְנְבְּתְּן בְּיִיהְ בְּבְינוּ עְבֶּילְם בְּיוֹם בְּבְּבְינוּ וְבְּבְּתְ וְשְבְּחִת עוֹלְם לְיִם בְּבְינוּ בְּבְּבְית וְבְּבֶּת בְּיִבְיה בְּבְּבְית וְבְּבְיתוֹם בְּיִים בְּנִים בְּבְיבְית חְקּבְייִים בְּבְּת בְּיבְּית וְבְּבְית וְבְּבֶּים בְּעְבְיה בְּיִים בְּיבְיה בְּיבְית חְיּבְּיבְיה בְּיבְּית וְבְּילְם בְּעִיבְיה וּתְבְּיִים בְּיבְּית חְבְּבְילוּ עְנְיִים בְּיבְיה בְּיבְית חַחְבָּית חִיּבְיּית וְיְבְיּבְת וְבְּילְים בְּבְּיִים בְּיבְיה בְּבְיוֹים בְּיבְיה בְּיבְיה בְּיבְילוּ בְּיבְיה בְּבְבְית חְיּבְם בְּבְייה. בְּיבְיה בְּיבְּילְם בְּבְּבְיוֹם בְּבְּבְיוֹם בְּבְּבְבְית חְיּבְיּיה בְּיבְיה בְּיבְייה בְּיבְיים בְּבְיוֹב בְּיוֹבְם בְּבְּבְיוּה וְיִבְיוֹים בְּבְייבְם בְּבְייבְם בְּבְבְייבְם בְּבְיוּם בְּיבְבְיוּם בְּבְּבְיים בְּבְיוֹם בְּבְיבְים בְּבְיוּבְיוּם בְּבְבְיוּם בְּבְבְיוּבְם בְּבְיבְים בְּבְיוּבְיוּם בְּבְיוּבְיוּבְיוּם בְּבְבְיוּבְם בְּבְיבְבְיוּים בְּבְּבְים בְּבְיוּבְיוּם בְּבְיוּם בְּבְיוּבְם בְּבְיוּבְיוּים בְּבְבְיוּבְיוּם בְּב