



A List of Recommendations For Management of The Coronavirus COVID-19

Prepared By: **Dr. Elton Amos**

- Actively encourage sick members to stay home.
- Members who have symptoms of acute respiratory illness are recommended to stay home and not come to church until they are free of fever (100.4° F [37.8° C] or greater using an oral thermometer), signs of a fever, and any other symptoms for at least 24 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants). Members should notify their pastor and stay home if they are sick.
- Sick members should cover their noses and mouths with a tissue when coughing or sneezing (or an elbow or shoulder if no tissue is available).
- Provide tissues and no-touch disposal receptacles for use by members.
- Instruct members to clean their hands often with an alcohol-based hand sanitizer that contains at least 60-95% alcohol or wash their hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.
- Provide soap and water and alcohol-based hand rubs in the church. Ensure that adequate supplies are maintained. Place hand rubs in multiple locations or in conference rooms to encourage hand hygiene.
- Perform routine environmental cleaning:
- Routinely clean all frequently touched surfaces in the public places, such as tabletops, countertops, and doorknobs. Use the cleaning agents that are usually used in these areas and follow the directions on the label.
- No additional disinfection beyond routine cleaning is recommended at this time.
- Provide disposable wipes so that commonly used surfaces (for example, doorknobs, keyboards, remote controls, desks, instruments) can be wiped down by members before and after each use.
- Advise members to check themselves for symptoms of acute respiratory illness before starting travel and notify their pastor and stay home if they are sick.