

# Conquer selfishness for successful practice of Christian Science

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For those who wish to be successful in their practice of Christian Science, Mary Baker wrote this sobering statement, **“Selfishness does not appear in the practice of Truth or Christian Science”**

***(Science and Health with Key to the Scriptures, p. 410).***

Selfishness is focus on the mortal self. It’s interest is “all about me.” It’s desires are immersed in questions like, “What about me? What can I get out of this? What is the other person going to do for me? How can I get more for me? How can I get what I want?” and so on. It’s the belief of a mind apart from God that is seeking happiness and success through material ways and means.

The practice of Christian Science is exactly the opposite of the practice of selfishness.

In Christian Science, a thinker gets immersed in seeking answers to questions such as, “What about God? What can I learn about God? What does God have to say about this? What is God’s will here? Where is God taking me? What does God want me to do? What is true with God?”

Immersion in self is absence from God. Immersion in Truth is absence from self. To practice Christian Science successfully, thought centers on Truth not on self.

Seek Truth over the indulgence of self and find better success with your practice of Christian Science!

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