

# You are saving lives when you pray for others

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If you wonder what more you can do to help humanity out of its struggle with the Covid-19 virus, take heart. There is something you can do. You can pray for their health and safety.

I love the promise found in these words from Mary Baker Eddy:

**“Good thoughts are an impervious armor; clad therewith you are completely shielded from the attacks of error of every sort. And not only yourselves are safe, but all whom your thoughts rest upon are thereby benefited”** (*Miscellany, p. 210*).

**“...all whom your thoughts rest upon are thereby benefited.”** Wow!! Think about it. There are millions of people suffering in fear of the Covid-19 virus, hundreds of thousands struggling with infections, and hundreds, perhaps thousands, dying every day from exposure. The number of people available for you to pray for is enormous. If your prayers reach just one of those people and save their life, isn't it worth it?

To know the omnipotence of God on behalf of your fellowman benefits them. To know the powerlessness of the virus to harm your fellowman benefits them. To know Christ is present within every man, woman and child on earth to strengthen, protect, inspire, help and heal them, benefits them.

What are you waiting for? Your prayers for others benefit them and contribute to stopping the spread of the virus.

Your prayers may be the exact prayer that saves someone's loved grandma in Italy. They may save a parent of young children in New York City. They may save a young child in India. You will never know who your prayers touch and how many lives are saved. But one fact is for sure, they will benefit someone. People will recover and lives will be saved because of your prayers.

There is no time to waste. You have work to do!

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